

Tales of TimeObserver

First, just observe. 

Version 1.1

I'm busy.

But I don't really know why.

Maybe it's not your schedule that's keeping you busy, but how your time is being used.

Case 1.

Where Did the Time Go?

Case 1 - Monday Morning

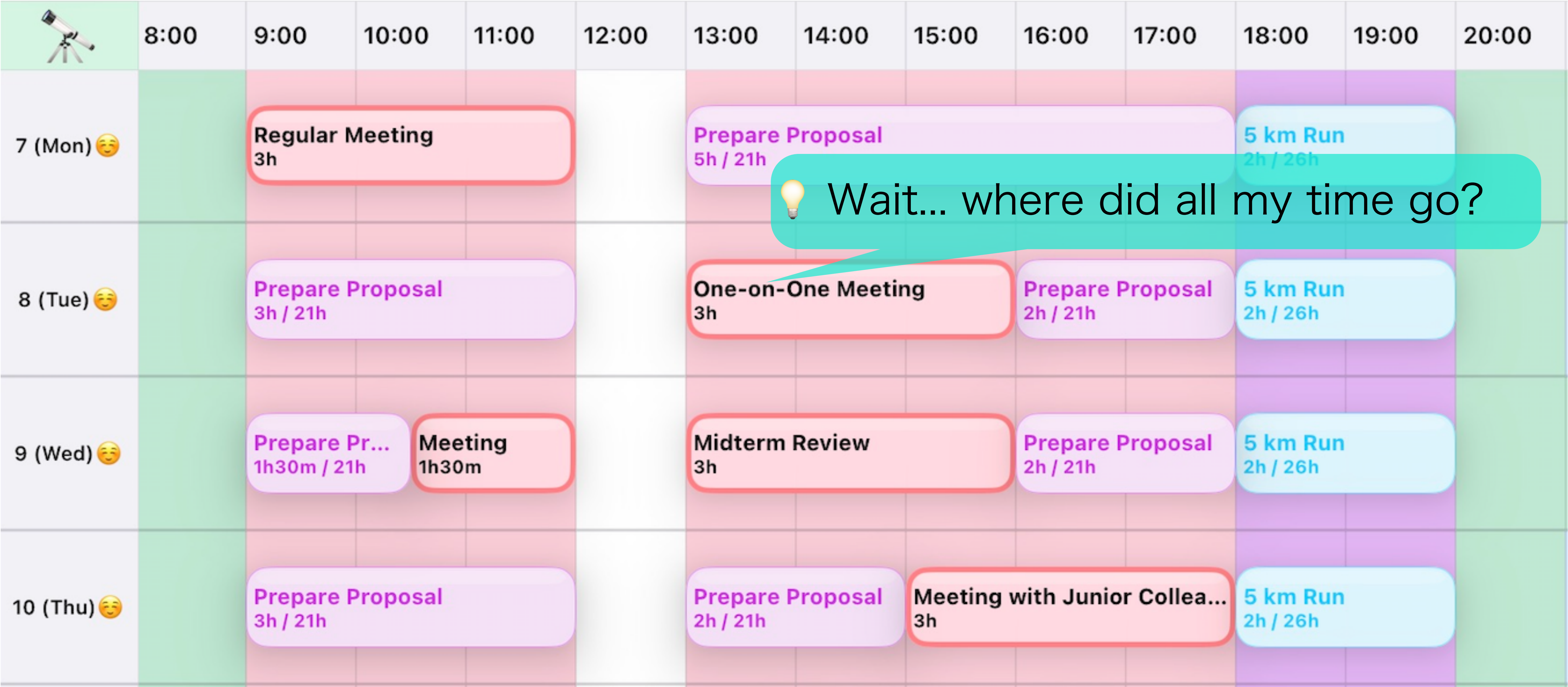
I should have plenty of time to finish this by the end of the week...

	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
7 (Mon) 😊		Regular Meeting 3h				Prepare Proposal 5h / 31h					5 km Run 2h / 23h		
8 (Tue) 😊		Prepare Proposal 3h / 31h				Prepare Proposal 5h / 31h					5 km Run 2h / 23h		
9 (Wed) 😊		Prepare Proposal 3h / 31h				Midterm Review 3h	Prepare Proposal 2h / 31h				5 km Run 2h / 23h		
10 (Thu) 😊		Prepare Proposal 3h / 31h					Prepare Proposal 5h / 31h				5 km Run 2h / 23h		

💡 I'll make it an all-day event for the whole week...
I should be able to finish it this week.

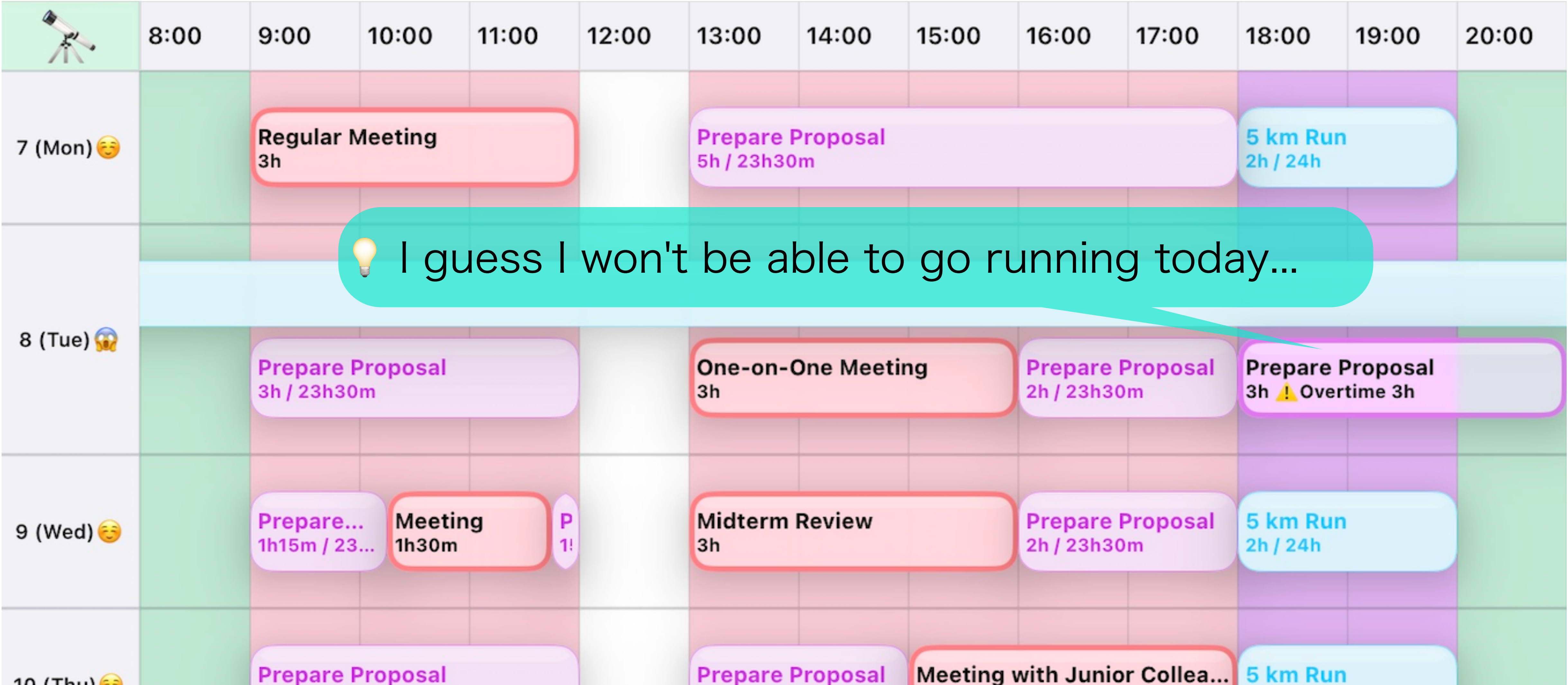
Case 1 - Tuesday Lunch Break

More unexpected tasks keep coming in...



Case 1 - Tuesday Evening

I won't finish this unless I work overtime!



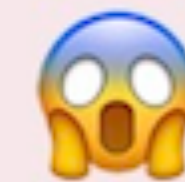
Case 1 - Wednesday Morning

Why am I suddenly so short on time??



Schedule Status

01_Work



Caution

Allocated: 152 hr Free: 112 hr

Other: None Overtime: 3 hr ⚠️ Overlap: None

● Meetings

Count: 6

Time: 16 hr 30 min

Used: 10%

Overtime: None

Overlap: None

● Work

Count: 10

Time: 26 hr 30 min

Used: 17%

Overtime: 3 hr ⚠️

Overlap: None



It was the meetings...

Case 2.

When Time Changes

Case 2 - Monday Afternoon

Another good day at work. Tomorrow's my day off. 😊

[illegible]

Case 2 - Monday Night

📞 **Manager: "Can you fill in at work tomorrow?"**

8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00

6 (Tue) 🌈
📅 A

7 (Wed) 🌈
📅 A

8 (Thu) 🌈
📅 A

9 (Fri) 🌈
📅 A

10 (Sat) 🌈
📅 A

11 (Sun) 🌈
📅 A

Now I have to work tomorrow... No studying or exercise either. 😱

Case 2 - Tuesday

 **Manager: "Thanks for coming in today! You can take tomorrow off."**

[illegible]

Epilogue.

Are You Really Busy?

Lately, life has felt busy,
both at work and at home.

But are you really that busy?

Time isn't something you
have to manage.
First, just observe.

Appendix

A. Key Features of TimeObserver

Appendix

A. Key Features of TimeObserver

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A-1 Categories

A perspective for observing your time

Purpose

A perspective for observing your activities.

Default Categories

Work, Personal, Study, Exercise

Customization

You can customize the name and color.

Categories

Manage categories used to observe how you spend your time.

Linking calendars to categories enables various observations.

01_Work



02_Personal



03_Study



04_Exercise



A-2 Core Time

Time for what you want to do

Purpose

The time you want to dedicate to your activities.

Default

Sample Core Time is set for **Work**, **Personal**, **Study**, and **Exercise**.

Customization

Tap a category and assign it to the hours you want on each day.

Core Time

Set the category you mainly want to use during this time period.

Select a category, then tap a date and time.

01_Work

02_Perso...

03_Study

04_Exercise

None

	8	9	10	11	12	13	14	15
Su								
Mo								
Tu								
We								
Th								
Fr								
Sa								
A								
B								
C								
D								
E								

A-3 Custom Core Time

Today is different from usual.

Purpose

You can change your Core Time for a single day.

Default

Sample Core Time is set for Work, Personal, Study, and Exercise.

Customization

You can create up to five patterns, A–E. In the Monthly Timeline, press and hold a date to apply a pattern.

 A								
 B								
 C								
 D								
 E								

A-4 Holidays

Holidays are part of your time, too.

Purpose

You can display holidays.

Default

None

Customization

Select a holiday calendar.

Turn on the toggle if you want to use Core Time on holidays.

Holiday

Select the calendar used for holidays.

You can also choose whether to use core time on holidays.

Holiday Calendar:

Not Selected



Use Core Time on Holidays



A-5 Calendars

The gateway to your time

Purpose

Link calendars to categories.

Default

Not linked to any category

Customization

Display: Toggle ON/OFF

Category: Tap to select a category

Linking a calendar to a category enables automatic allocation of all-day events and various observations.

Calendar Selection

Select the calendars to display.

Linking a calendar to a category enables core time and time allocation observations.

 Birthdays	☒	Not Observed
 Calendar	☒	02_Personal
 Coding	☒	03_Study
 Japan Holidays	☒	Not Observed
 Meetings	☒	01_Work
 Personal	☒	02_Personal
 Work	☒	01_Work

A-6 Appearance

Observe your time your way

Purpose

Choose how your events are displayed.

Default

Liquid Glass

Customization

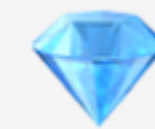
Liquid Glass: A translucent,
frosted-glass look

Classic : A flat,
semi-transparent look

Appearance

Change the display style of the monthly timeline.

Monthly Timeline Style:



Liquid Glass



A-7 Schedule Status

Make your time visible

Purpose

Observe your time by category.

What You Can Observe

- Allocated: Core Time allocated for the selected day or month
- Free: Available time
- Other: Time occupied by events from other categories
- Overtime: Event time outside Core Time
- Overlap: Whether events overlap in time
- Count: Number of events
- Time: Total event time
- Used: Percentage of allocated time used by events

 **Schedule Status**

01_Work

 **Caution**

Allocated: 176 hr Free: 136 hr

Other: None Overtime: 3 hr  Overlap: None

 Meetings

Count: 7

Time: 19 hr

Used: 10%

Overtime: None

Overlap: None

 Work

Count: 10

Time: 24 hr

Used: 13%

Overtime: 3 hr 

Overlap: None

A-8 Rankings

Insights become numbers

Purpose

Rank how you spend your time.

Ranking Types

Top 5 by Duration:

The five events with the longest durations

Top 5 Outside Core Time:

The five dates with the most time outside Core Time

Occurrences by Day:

Shows how often each daily rating occurs by day of the week*

*Rating: 🌈 Excellent, 😊 Good, 😱 Caution, 😈 Critical



Top 5 by Duration



Prepare Proposal

Count: 9 Time: 21 hr

Avg.: 2 hr 20 min



Top 5 Outside Core Time



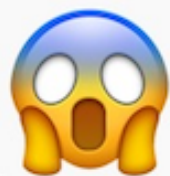
2026-09-08

Overtime: 3 hr

Main cause: 01_Work



Occurrences by Day



Sun

4

Mon

4

Tue

4

1

A-9 Monthly Timeline

See where your time goes

Purpose

View a month of events by date and time.

Controls

Press and hold a date: Assign Custom Core Time

Tap a date: Observe that day

Tap an event: Edit the event

+ button: Add an event

⚙ button: Open Settings

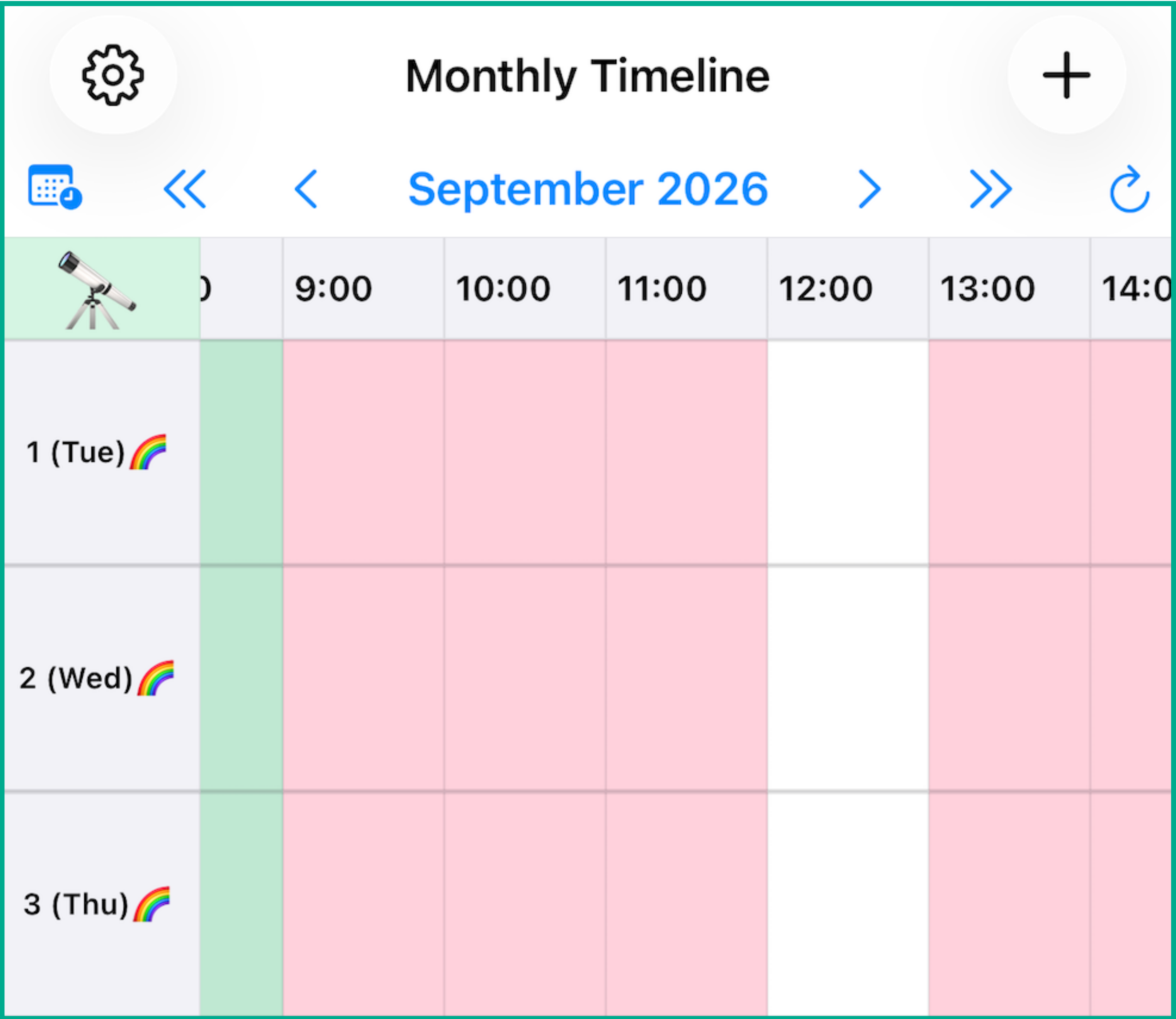
📅 button: Return to the current month

🔄 button: Refresh events

🔭 button: Observe that month

<< < > >> : Move by year or month

Tap the year and month: Jump to a specific month



Appendix

B. Helpful Tips

Want to see the balance between meetings and work?

How to

Create separate calendars for "Meetings" and "Work," then link both to the "Work" category.

Result

On the Observation screen, results for Meetings and Work are shown separately under the Work category, so you can compare their time and usage rates.

Calendar Selection

Meetings

Work

01_Work

01_Work

Schedule Status

01_Work

Caution

Allocated: 176 hr

Free: 136 hr

Other: None

Overtime: 3 hr

Overlap: None

Meetings

Count: 7

Time: 19 hr

Used: 10%

Overtime: None

Overlap: None

Work

Count: 10

Time: 24 hr

Used: 13%

Overtime: 3 hr

Overlap: None

Want to prevent all-day events from being automatically allocated to Core Time?

How to

Option A:

Start the event title with one of the following symbols:

Symbols:         

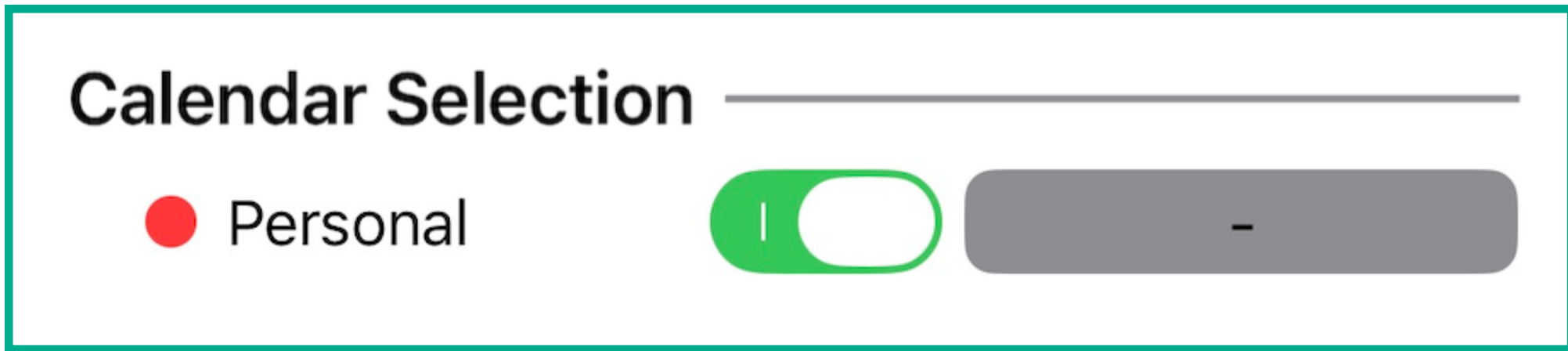
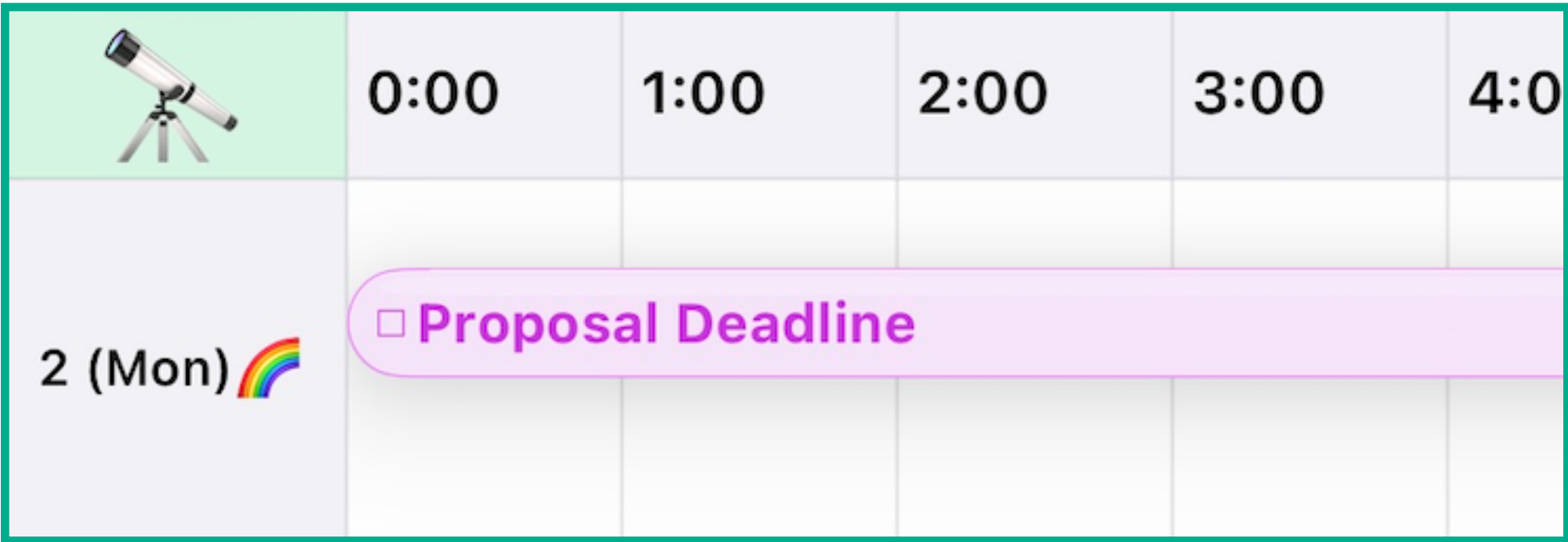
Option B:

Unlink the calendar from its category.

Result

The event will be displayed as a regular all-day event and excluded from time calculations and observations.

Note: With Option B, all events in that calendar are excluded from time calculations and observations.





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